



IMPACT



CREATING BRIGHTER FUTURES SINCE 1899

May 21, 2014



Sunscreen vs. Sun block: What's the difference?

A little known holiday in May is called Sun Screen Day. It is celebrated on May 27, and it is safe to assume that it is celebrated to remind people to wear sunscreen...or sun block...but which one is it? Is there a difference between *Sunscreen* and *Sun Block*?

We all know the negative effects of sun exposure to our skin. The Ultraviolet rays can cause numerous risks to your health. From sunspots, premature aging of the skin, and even cancer, sun burns are dangerous, but easily prevented. It is recommended that sunscreen should be worn even on cloudy days and be reapplied after going in the water.



VS.



So what's the difference between sunscreen and sun block? According to the Melanoma Foundation, sunscreens can be classified into two major types: chemical and physical. Chemical sunscreens contain special ingredients that act as filters and reduce ultraviolet radiation penetration to the skin. Physical Sunscreens, more commonly known as sun blocks, are products containing ingredients such as titanium dioxide and zinc oxide which physically block ultraviolet radiation.

Basically, sunscreen is recommended for everyday use for you and your child, but sun block should be used

when you know that you and your child will be overly exposed to the sun – such as a trip to the beach, park or other activities that require you and your child to be outdoors for an extended period of time.

Important Notes from the Center:



- We hope that all of you wonderful and beautiful mothers received lots of sweet kisses and hugs on Mother's Day.



- A huge thank you to Holden Liso's family for donating a Drum Circle to Pre School 1 during the month of April. The staff and children were delighted to have this special guest within their classroom.



- The Children of Turrell celebrated the Month of the Young Child with an assortment of enriching activities. Some of these activities included pajama movie day, guest parent readers, release of butterflies, decorated t-shirts, and classroom talent shows.

PARENT SURVEY



- Please be on the lookout in early June for our annual Parent Satisfaction Survey. The survey will be available in both paper form and online. Your responses are much appreciated and strictly confidential.



- As the weather gets warmer, please check your child's cubby and make sure to replace any out-of-season clothing. It's also good for our teachers to have extra outfits in case of spills or accidents.



- Our thanks to the Parent Advisory Council - The Turrell staff enjoyed a wonderful appreciation lunch on May 8th.



- With more outdoor time coming up, please remember to apply sunblock to your child before they come to school each day.
- Be sure to tell your friends about Turrell! If you refer a family to us, you'll receive one weeks' free tuition after they're enrolled for three months!



- Don't forget – the center will be closed on Monday, May 26th for Memorial Day.



Congratulations to the winners of our Spring Fling Contest:

Princess Basket: Isha Yamagar – PreSchool 1A

Boy Basket: Nicolette Albergo – PreK A

Family Fun Night: Justin Kam – Toddler 1A

Sports Basket: Adrian Drayton – PreK A

Infant/Toddler Basket: Maryann Dugan – Toddler 1B & PreK A

\$10 Panera Gift Card: Jordan Griffin – Toddler 1A

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